

# Asparagus Salad

Salads for dinner are a sign that summer is on its way. I love the idea of keeping the house cool by making a quick salad for dinner. Not to mention the additional perk of extra time to be outside.



I have these friends. Let's call them skeptics. They love the idea of healthy living, but claim that it's just not realistic for their lifestyle or budget. My friends love coming over to eat whatever food I've been making, but say they could never have the time or patience to cook regularly. Whelp. Today I'm busting them. I'm proving that dinner can be fast, healthy and affordable.



This salad is ahhh-mazing and only 4 ingredients. Seriously.  
It's simply the right food paired together and drizzled in a  
sweet            tangy            pomegranate            balsamic.



I whipped this up in under 3 minutes. Yes, I timed it. That's how stubborn I am. You can ask my skeptic friends. They'll

testify. If this 3 minute salad is too easy for your level of cooking, then try making it as a side with [Garden Variety Herbed Pork Tenderloin](#). I'm going to make it teamed up with [Italian Lemon Turkey Burgers](#) next!

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