

Beet Salad With Pomegranate Vinaigrette Dressing

“Just beet it, beet it, beet it!” This summer beet salad has me singing at top of my lungs like no one’s listening. In reality, my kids are looking at me like I’m some strange weirdo. I guess they don’t appreciate Michael Jackson parodies like I do.



Beet salad with pomegranate vinaigrette is exactly what your taste buds are looking for. Loads of fresh spinach topped with

beets, dried cranberries and sunflower seeds bring this salad to a whole other level. The creamy vinaigrette is my new favorite dressing. It's zingy and fresh. Put it all together and you've got a bowl full of summer.



Lunch should be quick, and this one takes less than five minutes to make! I linked the sprouted sunflower seeds and

pomegranate syrup in the recipe for you to make shopping easy.

Try beet salad for yourself at tell me what you think!

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