

# Cucumber Salad

So. Many. Towels. Endless swimming, tons of outside activities and quite possibly a gallon of sunscreen. Non-stop snacks. Wet floors from kids who somehow still don't understand the concept of drying off outside. Let's not forget the flip-flops. My son owns 5 pairs and the other day we couldn't find a single match, only one of each! Everyone talks about how great summer is. I agree, but sometimes this momma needs a break!

Have you noticed the multitude of salad recipes happening on Sweetest Lemonade lately? There's a reason. I decided that if our summer will continue, (successfully) I need to give myself some grace. Eating real food isn't something I'm willing to compromise on, but I can make it easier on myself.

## **Salads Saved Summer**









Salads

are here to save the day! They are so versatile in flavor and ingredients, yet super simple to throw together! I even had this one for breakfast the other day. Make it a point to enjoy the rest of your summer. Try some salads, or do a quick bbq if it means spending more time with your family. You won't regret







it!



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