

# Crock Pot Style: Mulled Apple Cider

What sort of person are you? Does the weather affect your mood? It certainly does for my household. My husband says we can never move to Washington because he needs the sunshine. I, however, thrive under cloudy skies and fat rain drops. Hand me my chunky scarf and an oversized cup of tea. I'll be happy the entire day.



This is one of my favorite drinks to accompany the chill in the air. Mulled apple cider. Ahhh, can't you just smell it? Oranges, apples, big cinnamon sticks and a little bit of ginger set the whole thing in motion. Five minutes of prep, toss all that beautifulness into the crock pot and let it work its magic.



I've been told it's hard to find time to eat well. To enjoy healthy food. This recipe is great way to prove those people wrong. Instead of white sugar, I used coconut sugar. The rest of the ingredients are already nutritious and fantastic immunity boosters. Not to mention how good your house will smell!



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